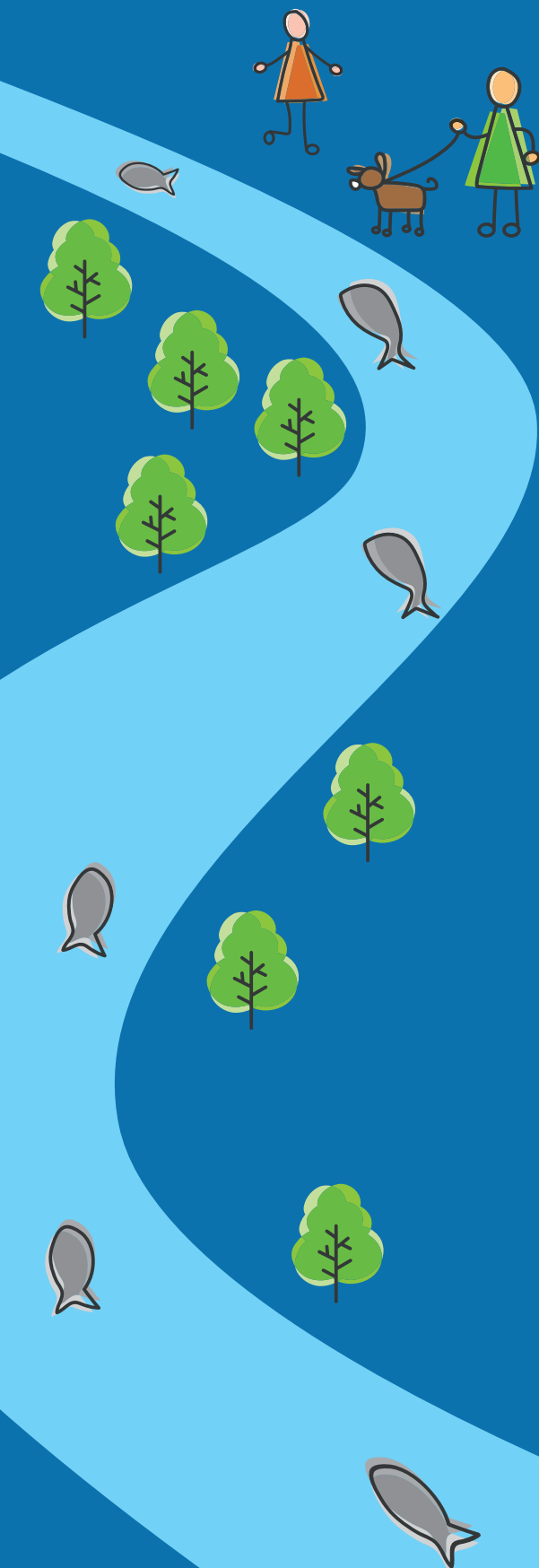




Wild Salmon Watch Falls of Leny



Salmon, sea trout and brown trout are making their way to their spawning grounds in rivers around the Forth during October and November.

You can watch them making their way up your local river by heading to your nearest waterfall, sitting patiently and watching for them leaping. Here are some handy tips for when it is best to watch fish leaping at waterfalls.



When to see them?

October-November



Where to see them?

Your local waterfall. You can also head to Fisheries Management Scotland's Wild Salmon Watch website to find your local waterfall.



River Conditions

Head out when rivers drop and clear after heavy rain. For river levels, head to SEPA's website.



Viewing Safely

-  Rivers can change quickly. Always check the weather before you head out and be aware when close to the waters edge.
-  Stay a safe distance from the edge, it can be slippery near rivers and waterfalls and you may fall in if you get too close.
-  Wear appropriate footwear and clothing for the weather. Wrap up warm and take a hot drink for an enjoyable experience.

Lastly, make sure to tag us in your salmon watch photos or use the hashtag #wildsalmonwatch

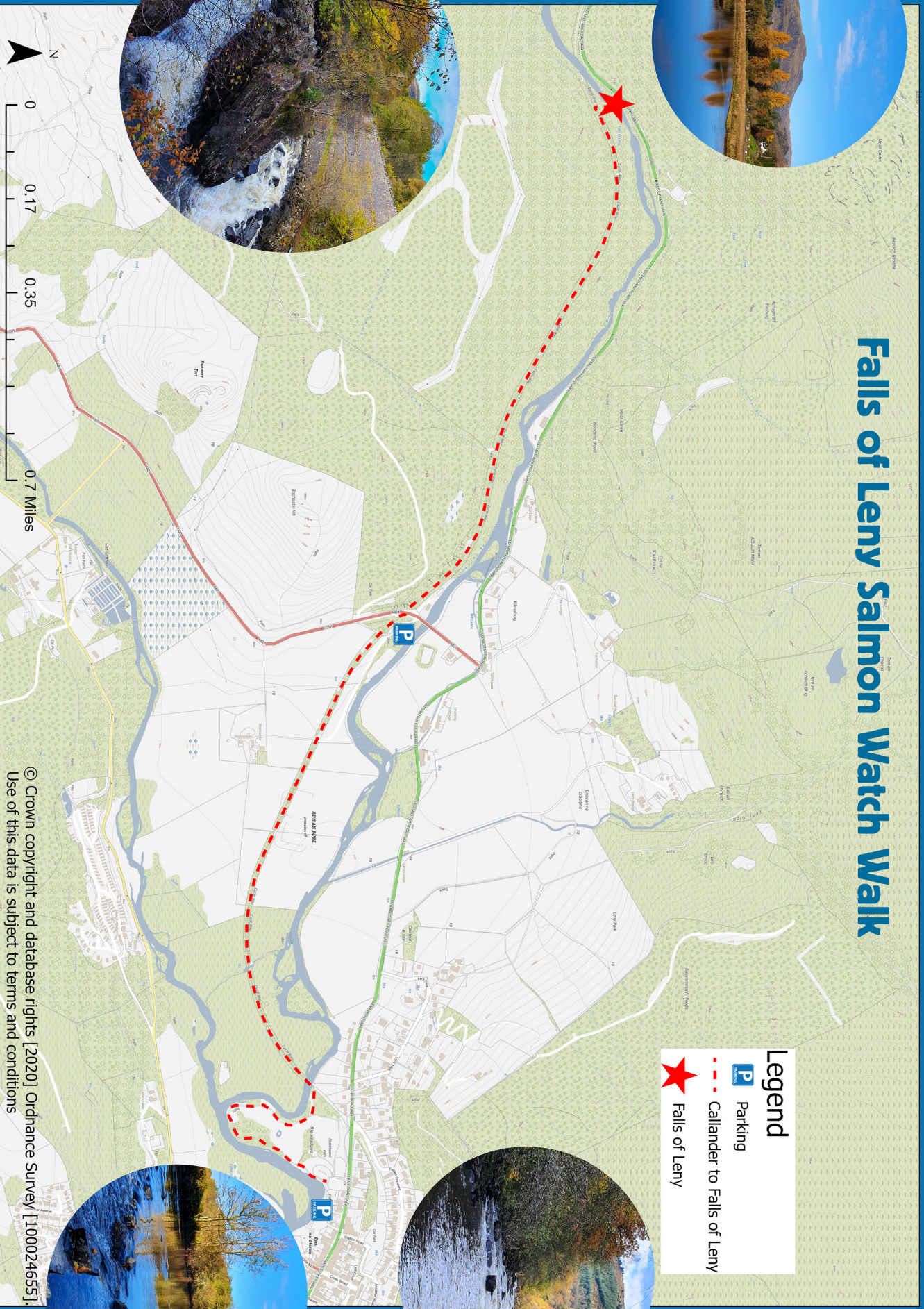
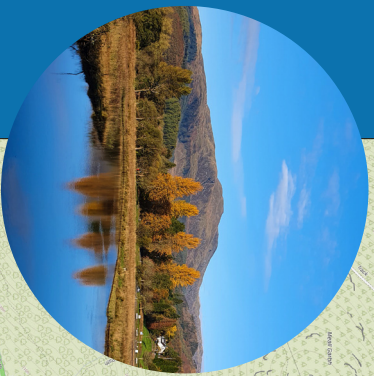
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Falls of Leny Salmon Watch Walk



Legend

- Parking
- Callander to Falls of Leny
- Falls of Leny



Parking - Park in Callander (Pay & display) **Directions –** Head to the Meadows in Callander to start your walk. Follow the path upstream along the rivers edge and join the National Cycle Path 7 heading North towards Strathgryre. Keep following the cycle path for about 3km until you reach the falls. Head down the slope to the river and follow the track through the trees to the falls. Make sure to stay a safe distance from the falls when viewing them.

Length - 8-9km round trip

Time - 2 to 3 hours

Difficulty - Easy

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